

INCLUSION



Term 3, 2026

newsletter

Welcome to our Term 3 Inclusion Newsletter! We're excited to share all the great things happening to support every child at Greatstone Primary. This term, we're focusing on making sure all pupils feel included, valued, and confident as they learn and grow. Thanks for being part of our school community - together, we're helping every child shine!

Parent/Carer Workshop

Supporting your child with their worries ☀️

Monday 26th January

1:15 – 2:45 PM

A friendly workshop with **Kirsten Terry**, who will share ideas for proactive steps.

- ✨Acknowledging that a level of anxiety is normal
- ✨Looking at how different responses to anxiety/worries will either support or soothe,
- ✨What is resilience and how we can help build it.
- ✨Have the chance to ask questions and share experiences in a supportive space

We hope to see you there!



Kent SEND Support
Training and Consultancy

Our Team

We have our Inclusion Team, which consists of 4 staff members and combines both the Pastoral and Inclusion teams.

This team consists of



Fiona Roberts (Deputy Head and SENCO),
robertsf@greatstoneschool.co.uk



Hannah Ferris (Safeguarding and Pastoral Director), spd@lightyear.kent.sch.uk



Louise Harman (Inclusion Assistant)
harmanl@greatstoneschool.co.uk



Kelly Heath (Pastoral Assistant)
heathk@greatstoneschool.co.uk

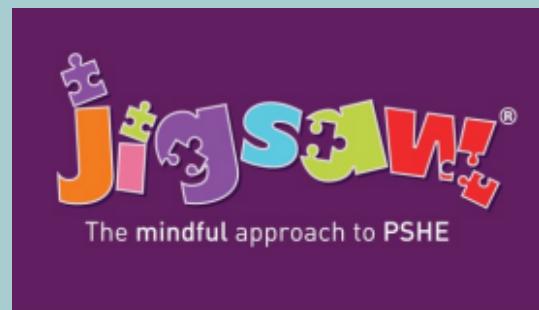
Children's Mental Health Week

Children's Mental Health Week, which takes place from Monday 9th to Friday 14th February, is a fantastic opportunity to raise awareness of the importance of mental health in young people. The theme this year is 'This is My Place', and our aim is to support the systems around children and young people to help them feel they belong. Our school will be taking part in various activities throughout the week to promote positive mental wellbeing among our students. We encourage you to have open conversations with your children about their feelings and emotions, and to reach out to our staff if you have any concerns.



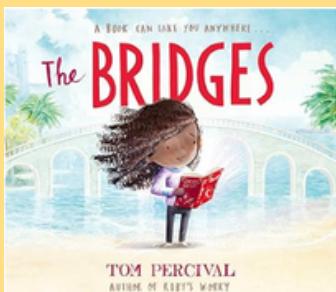
PSHE Jigsaw

In Personal, Social and Health Education (PSHE) this term, the children are learning about "Dreams and Goals." The children have thought about their hopes for the future, what happens when we feel success or suffer setbacks. As they move through the school, we encourage children to consider how their dreams and goals could have a greater impact and support the wider school and community.



Book Recommendation

Our recommendation for a book this term shares the value of community 'The Bridges' by Tom Percival. A whole new world opens up to Mia when she discovers books and how they bring people together. A great book celebrating reading and community!



Baby and Toddler Group

All ages welcome

Tuesday morning

09:30 - 11:00

(term time only)

Please come along and join the fun in our

Early Learning Zone Sensory Room.

Free, but donations welcome

School Attendance

Thank you so much for your hard work with attendance. As a school we rely heavily on parents getting their children to school on time and ensuring attendance is a regular and positive.

There are still children where attendance is lower than we would want for children to thrive and lates are too regular. We will be in contact individually with these families to see what further support can be offered to ensure all children strive for at least 96% attendance.

If you are concerned about your child's attendance or lateness, please speak to Mrs Newman or Mrs Ferris via the school office.



ATTENDANCE MATTERS



SUPPORT AND ADVICE

available to families

Safeguarding

In school one of our most significant responsibilities is to safeguard the children in our care. If you have concerns about a child please contact the Mrs Ferris, Mrs Kay, Mrs Roberts or Mrs Bovingdon or contact KCC Children's Social Services 03000 41 1111

Our children are all encouraged to have 5 trusted adults including 2 from school - you could ask your child who their trusted adults are?



As parents and carers things can occasionally feel tough, especially when your children are finding things tricky. Knowing where to look or who to ask first is normally the hardest first step. Take a look at the Mind website. It is a great resource to offer advice and suggest where to go next <https://southkentmind.org.uk/youth-services>



Speech and Language

Useful links

Kent Community Health - school aged language

<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/speech-and-language-therapy/school-aged-language/>

Speech Link Parent Portal

<https://speechandlanguage.link/parent-portal/>

Children's Therapy - The Pod

<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/speech-and-language-therapy/>

The Balance System

<https://pathway.thebalancedsystem.org/parents-and-carers/parents-and-carers-framework/>



Home-Start is a local community network of trained volunteers and expert support helping families with young children through their challenging times. We are there for parents when they need us the most because childhood can't wait.

Home-Start works with families in communities right across the UK. Starting in the home, our approach is tailored to what the family need. No judgement, it is just compassionate, confidential help and expert support.

Being a parent has never been easy. It can be lonely, frustrating, heart breaking and over-whelming. Life-changing events can happen to anyone. That is why Home-Start is ready to support families through their toughest times.

Every Home-Start volunteer is trained to help them work alongside you to overcome the challenges you are facing. We work with you to build on your strengths and give you the support that you tell us that you need.

www.homestartshepway.org.uk



Kent Adult Education offers a diverse range of Family Learning courses for parents, many of which are free. To find out more information, please follow the link below;

<https://www.kentadulteducation.co.uk/>



Autism Awareness

Funding area Life Skills

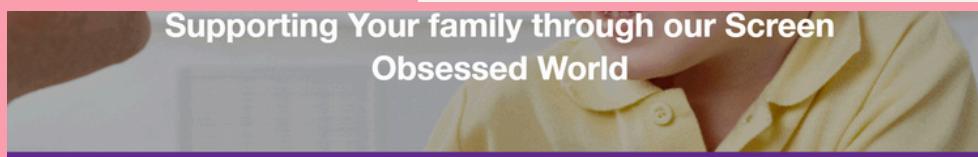
ONL/152982/Q/PF

Price: FREE

Location: Delivered online	Start date: 13/01/2026	End date: 03/02/2026
Level: Mixed Level	Time: 09:30 - 11:30	Duration: 4 sessions
Course hours: 8 hours	Day of week: TUE	Tutor: Keziah Lovell

Concessions

[Enrol now →](#)



Supporting Your family through our Screen Obsessed World

Funding area Life Skills

ONL/153173/Q/PF

Price: FREE

Location: Delivered online	Start date: 27/01/2026	End date: 27/01/2026
Level: Mixed Level	Time: 19:00 - 21:00	Duration: 1 session
Course hours: 2 hours	Day of week: TUE	Tutor: Bernadette Gregory

Concessions

[Enrol now →](#)



Calm together - Emotional Regulation You and Your Child

Funding area Managing mental health and well-being

ONL/152986/Q/PF

Price: FREE

Location: Delivered online	Start date: 10/02/2026	End date: 10/02/2026
Level: Mixed Level	Time: 09:30 - 11:30	Duration: 1 session
Course hours: 2 hours	Day of week: TUE	Tutor: Keziah Lovell

Concessions

[Enrol now →](#)



Fathers Matter

Funding area Life Skills

ONL/152993/Q/PF

Price: FREE

Location: Delivered online	Start date: 03/02/2026	End date: 03/02/2026
Level: Mixed Level	Time: 19:00 - 21:00	Duration: 1 session
Course hours: 2 hours	Day of week: TUE	Tutor: Tim Baker

Concessions

[Enrol now →](#)



Kent **SEND** Support
Training and Consultancy

Supporting children and young people with ADHD

Is your child on the ADHD pathway?
Have they just received their ADHD diagnosis or would
you like to know more about ADHD?

Join Kirsten Terry online for our ADHD information sessions.

On Zoom, Tuesdays, 10.00-11.30am OR 7.30-9.00pm

£4.50 per session or £25.00 to book all 6.

Session dates

Tuesday 13th January - An introduction to ADHD

Tuesday 20th January - ADHD & Sensory Needs including eating & sleeping

Tuesday 27th January - ADHD and executive functioning

Tuesday 3rd February - ADHD, Rejection Sensitivity and anxiety

Tuesday 10th February - ADHD and behaviour support

Tuesday 24th February - ADHD, families and schools

(Please note there is no session on 17th February due to half term)

To book or for more information, please contact Kirsten on

Email: kirsten@kentsendsupport.com or Text: 07368 120611



North East London
NHS Foundation Trust

Online Parent Workshops

Aimed at parents of children in
Primary school



Understanding your Child's Behaviour

19/01/2026 10:30 -12:30pm

[Understanding Your Child's Behaviour | Meeting-Join | Microsoft Teams](#)



Supporting Your Child with Worries & Fears

02/02/2026 10:30 -12:30pm

[Supporting Your Child with Worries & Fears | Meeting-Join | Microsoft Teams](#)



Autism and Sleep

09/03/2026 12:30 – 13:30pm

[Autism and Sleep | Meeting-Join | Microsoft Teams](#)



Understanding Neurodiversity

24/03/2026 10:30 -12:30pm

[Understanding Neurodiversity | Meeting-Join | Microsoft Teams](#)

CONNECT!

Group activities for neurodiverse young people aged 9-18
across Kent*



Creates fun opportunities in an Autism Friendly environment

Allows young people to connect through shared interests to
develop social skills

Empowers young people to build their confidence, resilience and wellbeing

Gives parents and carers the chance to have a break and meet others
with shared experiences

*Eligibility Criteria will apply.



Who is this service for?

- Young people aged between 9 and 18
- Young people who struggle to access universal or mainstream clubs and services
- For young people who are keen to meet others, have fun and try new things

*There may be fees and additional costs for some activities.

To refer a young person to Connect!

Email: youth@involvekent.org.uk

Call: 07474 708132

Web: www.involvekent.org.uk

