

INCLUSION



Term 4, 2026

newsletter

Welcome to our Term 4 Inclusion Newsletter! It's set to be another busy and exciting term, with highlights including World Book Day and upcoming parent meetings. We've enjoyed the first signs of spring appearing—those warmer days are certainly helping to lift everyone's mood and energy as we move forward.

Parent/Carer Workshop

Both our workshops this term will be led by the NHS Emotional Wellbeing Team

'Co-Regulation during Conversations and Conflicts'

Tuesday 24th March at 9:00-10:00.

'Understanding Anxiety' (Supporting your child with fears and worries) Monday 30th March at 14:00-15:00.

Baby and Toddler Group

All ages welcome

Tuesday morning

09:30 - 11:00

(term time only)

Please come along and join the fun in our Early Learning Zone Sensory Room. Free, but donations welcome

Our Team

We have our Inclusion Team, which consists of 4 staff members and combines both the Pastoral and Inclusion teams.

This team consists of



Fiona Roberts (Deputy Head and SENCO), robertsf@greatstoneschool.co.uk



Hannah Ferris (Safeguarding and Pastoral Director), spd@lightyear.kent.sch.uk



Louise Harman (Inclusion Assistant) harman@greatstoneschool.co.uk



Kelly Heath (Pastoral Assistant) heathk@greatstoneschool.co.uk

Introducing the Emotional Wellbeing Team



Greatstone Primary School is pleased to welcome the Emotional Wellbeing Team (EWT). The Emotional Wellbeing Practitioners, who are part of the EWT, look forward to getting to know you and your child over the coming weeks and months. They will offer support when needed and welcome your ideas on how we can work together to support the emotional wellbeing and mental health of all children at Greatstone.

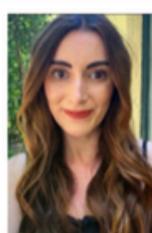
You can learn more about the team and their work by watching this short animation:
<https://www.youtube.com/watch?v=duXLsp5wFRE>

How can my child access this support?

- All children may take part in whole-school initiatives such as assemblies and classroom activities that promote awareness of emotional wellbeing and mental health.
- Children with specific identified emotional wellbeing needs (for example, anxiety or worry) may be invited to join targeted groups or workshops. You will be informed if your child is included.
- There will also be groups and workshops available for parents to support family wellbeing.

If you would like to discuss any of the above or have questions about the Emotional Wellbeing Team, please contact our Senior Mental Health Lead, Hannah Ferris, via email at spd@lightyear.kent.sch.uk.

Let's meet the Folkestone team



Alicia McGhee
(Senior Supervisor)



Katherine Staveley
(Senior Emotional Wellbeing Practitioner)



Jessica Palmer
(Senior Emotional Wellbeing Practitioner)



Chloe Stokes
(Emotional Wellbeing Practitioner)



Jen Evans
(Emotional Wellbeing Practitioner)



Victoria Johnson
(Children Wellbeing Practitioner)



Megan Pun
(Trainee Emotional Wellbeing Practitioner)

Safeguarding

In school one of our most significant responsibilities is to safeguard the children in our care. If you have concerns about a child please contact the Mrs Ferris, Mrs Kay, Mrs Roberts or Mrs Bovingdon or contact KCC Children's Social Services

03000 41 1111

Our children are all encouraged to have 5 trusted adults including 2 from school - you could ask your child who their trusted adults are?



PSHE Jigsaw

In Personal, Social and Health Education (PSHE) this term, the children are learning about "Healthy Me." Over the term it encourages all children to think about how to maintain good physical and mental health. Over the term, children will consider choices around diet, friendships, exercise, medicines and pressure. For more information look at the PSHE curriculum page on the website.

Please contact your child's teacher if you would like to discuss any aspect of the PSHE curriculum further



Book Recommendation

Often, when you ask children what they want to be when they grow up, their answers can range from fairy to fireman, YouTuber, or influencer.

However, without sharing a variety of possible careers with our children, they may never know what opportunities exist.

These fantastic books, Little People, Big Dreams, are biographies of famous individuals from all

walks of life. They include inspirational stories of brilliant scientists, world leaders, and many more.



Attendance

Thank you to all our families who are arriving at school on time, this provides children with a smooth start to the day and allows children to complete useful early morning learning tasks. The school's current overall attendance is at 93.2%, which is below our target of 96%. At parent's evening, your child's teacher will share your child's attendance with you.

We really appreciate your support to get your children into school where they can flourish.

Reporting Absences: If your child is unable to attend school due to illness, please contact the school office on 01797 363916 by 9am. You must call the school every day that your child is absent.

Attendance Matters



SUPPORT AND ADVICE

available to families



Kent Adult Education offers a diverse range of Family Learning courses for parents, many of which are free. To find out more information, please follow the link below;
<https://www.kentadulthoodeducation.co.uk/>

Speech and Language

Useful links

Kent Community Health - school aged language

<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/speech-and-language-therapy/school-aged-language/>

Speech Link Parent Portal

<https://speechandlanguage.link/parent-portal/>

Children's Therapy - The Pod

<https://www.kentcht.nhs.uk/childrens-therapies-the-pod/speech-and-language-therapy/>

The Balance System

<https://pathway.thebalancedsystem.org/parents-and-carers/parents-and-carers-framework/>

As parents and carers things can occasionally feel tough, especially when your children are finding things tricky. Knowing where to look or who to ask first is normally the hardest first step. Take a look at the Mind website. It is a great resource to offer advice and suggest where to go next <https://southkentmind.org.uk/youth-services>



Home-Start is a local community network of trained volunteers and expert support helping families with young children through their challenging times. We are there for parents when they need us the most because childhood can't wait.

Home-Start works with families in communities right across the UK. Starting in the home, our approach is tailored to what the family need. No judgement, it is just compassionate, confidential help and expert support.

Being a parent has never been easy. It can be lonely, frustrating, heart breaking and over-whelming. Life-changing events can happen to anyone. That is why Home-Start is ready to support families through their toughest times.

Every Home-Start volunteer is trained to help them work alongside you to overcome the challenges you are facing. We work with you to build on your strengths and give you the support that you tell us that you need.

www.homestartshepway.org.uk



Parent Workshop

Supporting Your Child with Worries & Fears

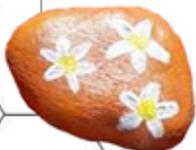
9.30-11am Friday 30th September

Are your child's worries and fears starting to impact their day to day life? Would you like to come and **meet with other parents and carers** and learn about ways to **support your children so they can manage their concerns and enjoy themselves more?**

You are invited to a workshop which focuses on **understanding what anxiety is, the symptoms** you may notice in your child and some **techniques to help manage this anxiety.**

This workshop will be held at Greatstone Primary School. If you have any questions or would like to attend, please speak to Mrs Roberts or Mrs Ferris.

We look forward to meeting you!





Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Online Parent Workshops

Aimed at parents of children in primary school

Supporting Your Child with Worries & Fears

10/03/2026 - 4pm-6pm

*Workshop timings change from term to term

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You are invited to a workshop which focusses on **understanding what anxiety is, the symptoms** you may notice in your child and some **techniques to help manage this anxiety.**

If you would like to join, please **ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:**

[Supporting Your Child with Worries & Fears | Meeting-Join | Microsoft Teams](#)

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email:

EWTandESTenquiries@nelft.nhs.uk

We look forward to meeting you.





STRATEGIES TO SUPPORT YOUR CHILD WITH MATHS (7-11 YEARS) WEBINAR

Turn learning into fun!

Where:

online

Date::

26/2/26

Time::

10-11am

Join our supportive webinar to find out how to support your child, understand what they are being taught at school and discover how to encourage a love of maths.

To book a place please enrol online at Kent Adult Education with the link below or the QR code to the left:

[Strategies to Support Your Child with Maths \(7-11 yrs\) - Webinar](#)



For more information scan the QR code

kentadulthoodeducation.co.uk
FREE, Fun & Informal



SUPPORTING ADHD IN THE HOME

Practical support for families.

Take part in this engaging and supportive course, designed to deepen your understanding and patience while exploring practical strategies to create a nurturing home environment for children with ADHD.

Where:

**New Romney Family Hub,
Craythorne Lane
TN28 8BL**

Date:

Wednesday 25th February 2026 – 18th March 2026

Time:

9:30am – 11:30am

To book a place please contact:

folkestoneandhythefh@kent.gov.uk



**For more information
scan the QR code**

**kentadulthoodeducation.co.uk
FREE, Fun & Informal**